

## Queer Adolescent Coping Inventory (QACI)

Updated August 15, 2024

Below are statements that reflect some things that you may have done to cope with stress that are specifically related to being LGBTQ. Please read each statement and tell us whether you have done each since over the past six months.

1. I spent time with the LGBTQ community.
2. I tried to gain new knowledge about the LGBTQ community.
3. I used online resources to connect with other LGBTQ people.
4. I participated in a Gay-Straight Alliance (GSA) or other LGBTQ club.
5. I spent time at an LGBTQ center.
6. I watched LGBTQ films, television shows, or online series.

Please read each statement below and answer "Yes" if it has happened to you in the past six months or "No" if it hasn't.

7. My family actively tried to learn about the LGBTQ community.
8. I had at least one LGBTQ supportive parent or other immediate family member.
9. I saw other LGBTQ family members treated well by my family.
10. My parents were supportive of my gender expression.

Response options: Yes, No

### Scoring:

**Global QACI:** Sum items 1 through 10. It is recommended that participants receive a score if they responded to at least 90% of the items (at least 9 items). We recommend imputing a mean score for the missing item by averaging all other item responses.

**LGBTQ+ Community:** Sum items 1 through 6. It is recommended that participants do not receive a score if they are missing any items on the subscale.

**Family:** Sum items 7 through 10. It is recommended that participants do not receive a score if they are missing any items on the subscale.

### Citation:

Layland, E. K., Woods, J. K., Pushpanadh, S., Sheppard, J., & Goldbach, J. T. (Under review). Coping resource engagement in response to LGBTQ-related stress: Validation of the Queer Adolescent Coping Inventory and protective associations with mental health.

Layland, E. K., Woods, J. K., Pushpanadh, S., Sheppard, J., & Goldbach, J. T. (Under review). Introducing the Queer Adolescent Coping Inventory (QACI): Construct validity and evidence of protective effect on mental health. Poster presented at the National LGBTQ+ Health Conference. Atlanta, GA.

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